

# ★★ GOALS FOR ★★

# MAY

THINKING  
SPACE

3 DATES TO REMEMBER

3 THINGS TO ACHIEVE

NOTES

★★ **THOUGHT OF THE MONTH** ★★

When you feel like quitting,  
remember why you started.



01	WEDNESDAY
<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	

02	THURSDAY
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03	FRIDAY
<hr/> <hr/> <hr/> <hr/> <hr/> <hr/> <hr/>	

04	SATURDAY	05	SUNDAY
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HOW HAS THIS WEEK BEEN FOR YOU?	It's been a good week	I'm going to make next week better	A week to forget
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06 MONDAY  
BANK HOLIDAY

07 TUESDAY

08 WEDNESDAY

09 THURSDAY

10 FRIDAY

11 SATURDAY

12 SUNDAY  
INTERNATIONAL NURSES DAY

HOW HAS THIS WEEK BEEN FOR YOU?



It's been  
a good week



I'm going  
to make next  
week better



A week  
to forget



13 MONDAY

14 TUESDAY

15 WEDNESDAY

16 THURSDAY

17 FRIDAY

18 SATURDAY

19 SUNDAY

HOW HAS THIS WEEK BEEN FOR YOU?



It's been a good week



I'm going to make next week better



A week to forget



20 MONDAY

21 TUESDAY  
WORLD MEDITATION DAY

22 WEDNESDAY

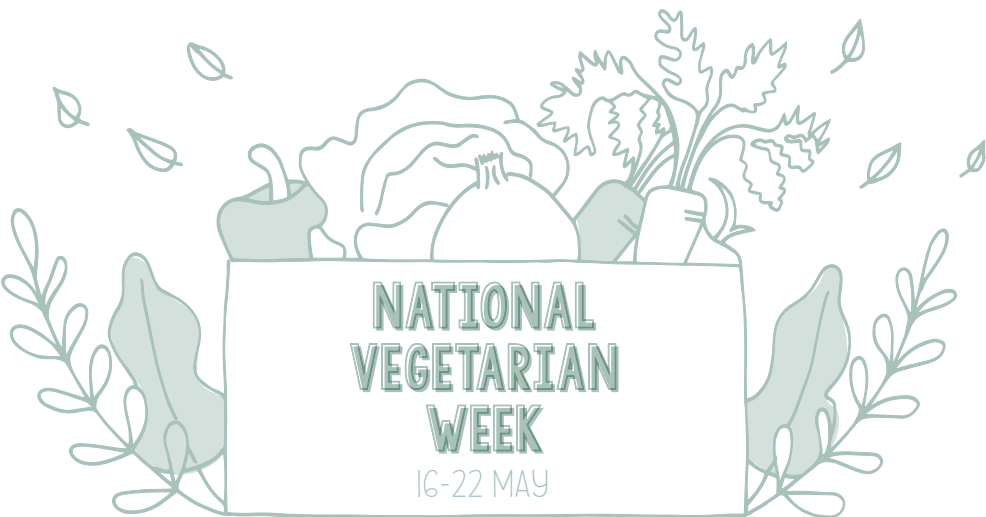
23 THURSDAY

24 FRIDAY

25 SATURDAY

26 SUNDAY

HOW HAS THIS WEEK BEEN FOR YOU?  *It's been a good week*  *I'm going to make next week better*  *A week to forget*



27 MONDAY  
BANK HOLIDAY

28 TUESDAY

29 WEDNESDAY  
WORLD DIGESTIVE HEALTH DAY

30 THURSDAY

31 FRIDAY

HOW HAS THIS WEEK BEEN FOR YOU?  It's been a good week  I'm going to make next week better  A week to forget

