

★★ GOALS FOR ★★

OCTOBER

3 DATES TO REMEMBER

3 THINGS TO ACHIEVE

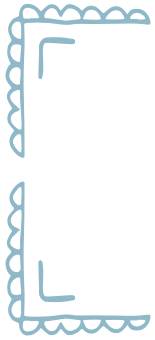
	
	
	

THINKING
SPACE

NOTES

★★ THOUGHT OF THE MONTH ★★

Be kind, for everyone you meet
is fighting a battle.



01 TUESDAY
WORLD VEGETARIAN DAY



02 WEDNESDAY
WORLD OSTOMY DAY

03 THURSDAY

04 FRIDAY
WORLD SMILE DAY

05 SATURDAY

06 SUNDAY

HOW HAS THIS WEEK BEEN FOR YOU?



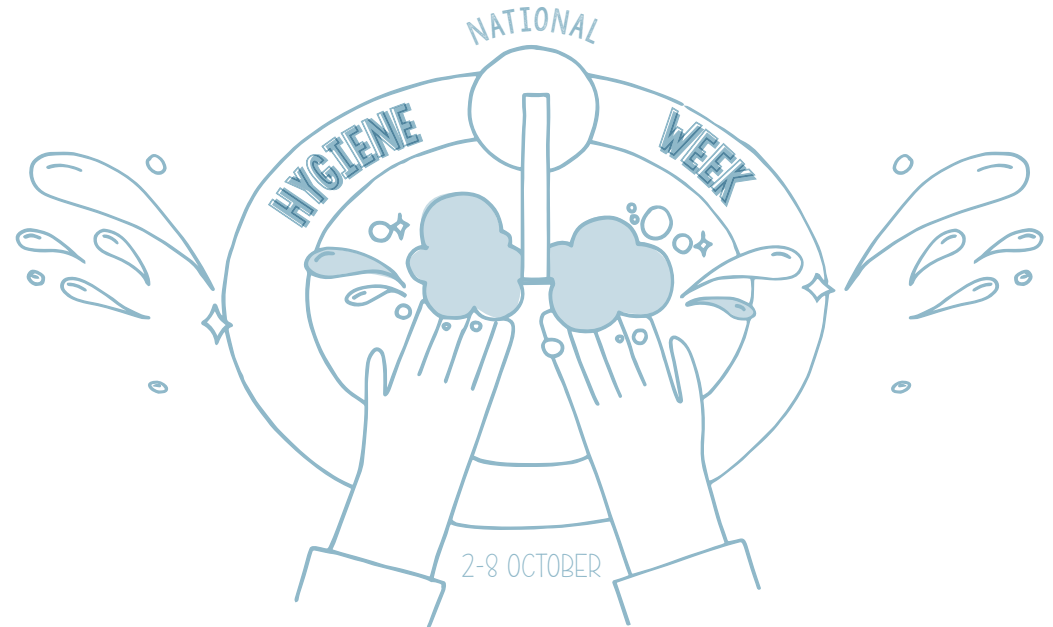
*It's been
a good week*



*I'm going
to make next
week better*



*A week
to forget*



07 MONDAY

08 TUESDAY

09 WEDNESDAY

10 THURSDAY
WORLD MENTAL HEALTH DAY

11 FRIDAY

12 SATURDAY

13 SUNDAY

HOW HAS THIS WEEK BEEN FOR YOU?



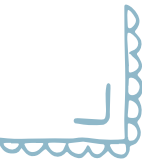
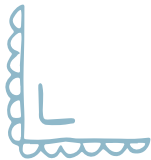
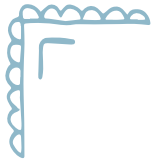
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14 MONDAY

15 TUESDAY

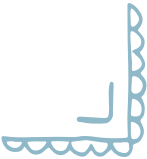
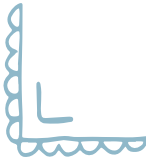
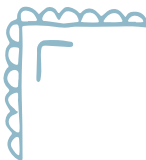
16 WEDNESDAY

17 THURSDAY

18 FRIDAY

19 SATURDAY 20 SUNDAY

HOW HAS THIS WEEK BEEN FOR YOU?  It's been a good week  I'm going to make next week better  A week to forget



21 MONDAY

22 TUESDAY

23 WEDNESDAY

24 THURSDAY

25 FRIDAY

26 SATURDAY

27 SUNDAY
DAYLIGHT SAVING TIME ENDS

HOW HAS THIS WEEK BEEN FOR YOU?



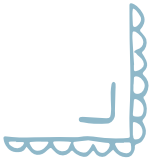
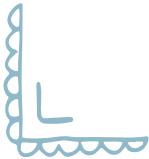
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28 MONDAY

29 TUESDAY

30 WEDNESDAY

31 THURSDAY
HALLOWEEN & DIWALI

